Year 6 Residential Visit

Rock UK: Frontier Centre

Wednesday 17th – Friday 19th November, 2027

Wellingborough

Northamptonshire

1 hour away



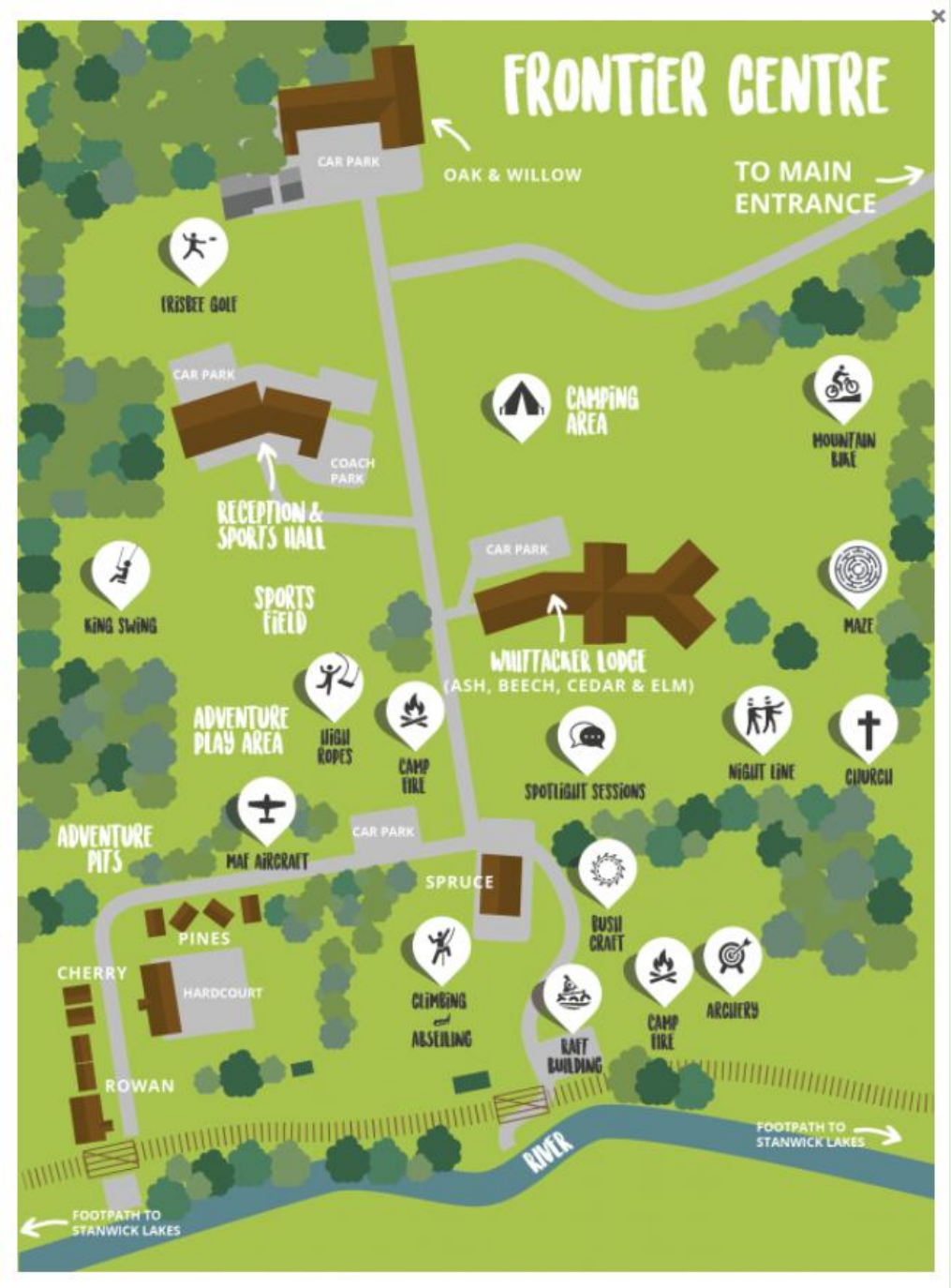
LOCATION







Scenic lakeside location



CENTRE FACILITIES

- Nine self-contained accommodation options
- Fully catered or self-catered
- Large dining room for up to 150 people
- Over 25 instructed activities
- BRAND NEW Aerial Adventure
- Self-supervised recreation facilities
- Large sports hall (for up to 300) with indoor climbing wall
- Meeting rooms
- Large sports fields

What will your child gain?

https://rockuk.org/schools/#primary-school-trips



Activities

Children will participate in a range of activities led by fully qualified instructors who will tailor each session to meet the age and experience of the children.

Children will be taken through the basics to give them a real taste of adventure whilst at the same time learning important lessons such as leadership skills, environmental awareness, personal responsibility and teamwork.

Abseiling

A descent from our purpose built tower is an experience not to be missed. Our instructors will guide each participant to control their own speed all the way down.	*Confidence* *Self-belief* *Trust* *Overcoming fears*

https://rockuk.org/activity/abseiling/



Zipwire

Starting from the top of the climbing tower, with fantastic views over the lakes, each participant will likely be stepping out of their comfort zone to go down the 140m long Zip Wire.	*Confidence* *Self-belief* *Trust* *Overcoming fears*



Archery

Learn how to aim and hit the target using our Archery ranges. Progress through individual and team challenges and competitions.	*Perseverance* *Coordination* *Accuracy* *Patience*

https://rockuk.org/activity/archery/



Indoor Climbing

The indoor climbing wall is great for groups of all abilities that want a challenge. The walls offer different angles, routes and problems that will ensure each member of the group is challenged and pushed.



High Ropes and Aerial Adventure

Four different team challenges: The Jacob's Ladder, Gladiator Challenge, Leap of Faith and High All Aboard. All are rewarded with excellent views at the top, but will test your group's teamwork and determination to get there!	*Confidence* *Team work* *Communication* *Perseverance* *Self-belief* *Trust* *Overcoming fears* *Problem solving*



Spotlight Session: The Maze

These are one-hour sessions which are designed to challenge children to think about life outside their normal environment.

Children are encouraged to consider issues such as decision making, friendship, self-esteem, communication and trust. Spotlight sessions promote SMSC (spiritual, moral, social and cultural development).

This activity is designed to get individuals to think about how the decisions they make in life can have consequences for themselves and others. Using a purpose built maze, teams will take on a variety of challenges and games to see how they deal with the possibility of dead ends, time pressures and the competition from others. They will collect puzzle pieces around the maze to make up phrases and sentences that are incorporated in the main story telling.

Campfire

Weather permitting, children will be given the opportunity to get together as a group around a campfire at the end of the day.

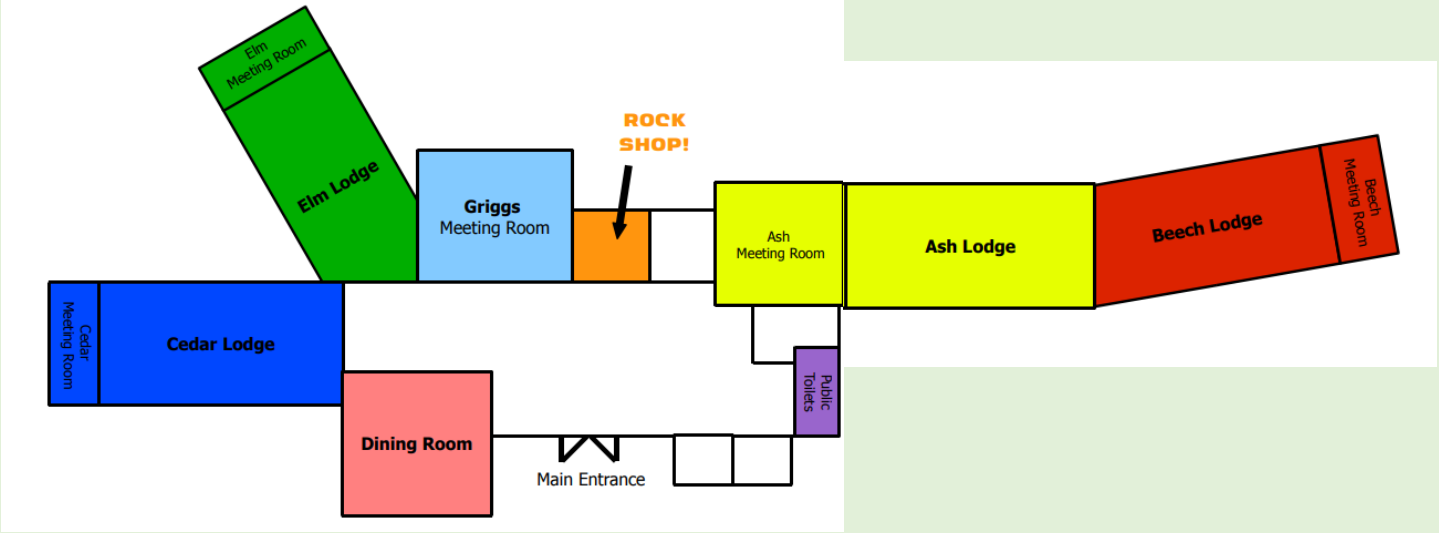
This is a great activity for the children to find out new things about each other.



Accommodation







- All rooms have en-suite
- Each wing has its own meeting room

Meals

- On Wednesday, children will need to bring a packed lunch into school with them
- **Wednesday:** Evening meal included
- **Thursday:** Breakfast, lunch and evening meal included
- **Friday:** Breakfast & lunch included
- Children can bring a few additional snacks if they wish to do so. These must not be shared and must be nut-free.
- Dietary requirements will be catered for.

Cost

- The cost of the residential trip is **£240**

- This includes accommodation, transport, meals and the activities mentioned

- Payment can be made in three instalments:

- Instalment 1: **£80** - Due by Wednesday 9th December, 2026
- Instalment 2 - **£80** – Due by Friday 12th March, 2027
- Instalment 3 - **£80** - Due by Friday 25th June, 2027

- Payments are non-refundable

Timings

- On Wednesday 17th November, your child will need to arrive at school by 8.30am.

- On Friday 19th November, your child will return to school ready to collected by approximately 1.30pm. On the day, a message will be sent out to parents/carers to give any updates if delays are anticipated.

Interest

- Unfortunately, if there is insufficient interest, the residential visit will not go ahead.

- Once we have received final numbers, we will be assigned accommodation. If children choose to join after this, it is unlikely that we will be able to accommodate this.

In the coming months...

- You will be provided with a list of things that your child will need to take on the residential visit – there is nothing specific to purchase.

- You will be asked to complete medical forms
- You will be asked to complete forms detailing dietary requirements
- You will be asked to complete emergency contact forms

If you have any questions, please email the school office.

office@herrick.leicester.sch.uk